

A matter of taste

8

Words and phrases

Lead in

8.01 dough /dəʊ/ (n)

thick mixture of flour and water from which bread is made ◆ *You make the dough into small balls and bake them in the oven.*

8.02 herb /hɜ:b/ (n)

plant whose leaves, flowers or seeds are used to flavour food ◆ *This herb is useful for cooking and it also smells lovely.* ► *herbal* (adj)

8.03 sprinkle /'sprɪŋkl/ (v)

shake small pieces of sth or drops of a liquid on sth ◆ *Sprinkle the cheese over the pasta and put it in the microwave for two minutes.*

► *sprinkler* (n)

8.04 vinegar /'vɪnɪgə(r)/ (n)

liquid with a bitter taste used to add flavour to food or to preserve it ◆ *British people often eat chips with salt and vinegar.*

8.05 slice /slais/ (v)

cut thin pieces of sth like roast meat or cake ◆ *Will you slice the cake before you put it out on the plate.* ► *slice* (n), *sliced* (adj)

8.06 mould /məʊld/ (v)

make sth soft into a particular shape ◆ *In art class we moulded the clay into the shapes of animals.*

► *mould* (n)

8.07 paprika /pə'pri:kə/ (n)

red powder made from a type of pepper used as a spice in cooking

8.08 casserole /'kæsərəʊl/ (n)

covered dish for cooking meat slowly in liquid in the oven
► *casserole* (v)

8.09 version /'vɜ:ʃn/ (n)

different form of sth ◆ *Have you got the newest version of Windows on your computer?*

8.10 chilli /'tʃili/ (n)

very hot pepper used in curries

8.11 ginger /'dʒɪndʒə(r)/ (n)

root of a plant with a strong hot taste used in cooking

8.12 cumin /'kʌmɪn/ (n)

seeds of an aromatic plant used in curries

8.13 coriander /kɔri'ændə(r)/ (n)

plant whose seeds are used as a spice and leaves as a herb in cooking

8.14 turmeric /'tɜ:mərɪk/ (n)

yellow spice used in Indian cooking

8.15 yoghurt /'jɒgət/ (n)

slightly sour tasting food made from milk, often flavoured with fruit

8.16 pan /pæn/ (n)

metal container used for cooking food in

8.17 savoury /'seɪvəri/ (adj)

salty, not sweet ◆ *I much prefer savoury dishes. I don't like sugary things a lot.* ► *savour* (v)

8.18 ingredient /ɪn'grɪ:dɪənt/ (n)

sth you need to cook a certain meal ◆ *Can you get me some potatoes at the shop? I've got all the other ingredients I need for dinner.*

8.19 texture /'tekstʃə(r)/ (n)

how sth feels when you touch it
◆ *The texture of the soup was really smooth – it was wonderful.*

Reading

8.20 porridge /'pɔridʒ/ (n)

hot breakfast cereal made with oats and milk or water

8.21 exclude /ɪk'sklu:d/ (v)

keep sth out ◆ *The competition excludes people over 18 so my sister, who is 22, can't take part.*

► *excluding* (prep), *exclusion* (n)

8.22 sensory /'sensəri/ (adj)

connected with the senses ► *sense* (n, v), *sensation* (n),

8.23 input /'ɪnpʊt/ (n)

time, information, ideas, etc. that you put into work, a project, etc.
◆ *His input at the meeting was really useful and encouraged a lot of discussion.* ► *input* (v)

8.24 diner /'daimə(r)/ (n)

person eating at a restaurant or café

8.25 lose out (on)

/lu:z 'aʊt (ɒn)/ (phr v)
not get sth you wanted or thought you should have ◆ *We've lost out on the chance of winning the league this year after yesterday's defeat.*

8.26 intimacy /'ɪntɪməsi/ (n)
state of having a close personal relationship with sb, feeling of closeness ♦ *I liked the intimacy of the restaurant. It was small and everyone sat near each other.*
► **intimate** (adj)

8.27 preconception
/pri:kən'sepʃn/ (n)
opinion formed before you experience sth ♦ *People had a lot of preconceptions about the new head teacher but he's shown himself to be excellent.* ► **preconceive** (v)

8.28 abruptly /ə'brʌptli/ (adv)
sharp, quickly without preparation ♦ *The bus stopped abruptly when the dog ran across the road.*
► **abrupt** (adj)

8.29 cutlery /'kʌtləri/ (n) unc)
things we use to eat and serve food with: knives, forks and spoons ♦ *The cutlery wasn't very clean and my mum complained.*

8.30 spill /spɪl/ (v)
accidentally drop liquid over sth ♦ *When I laughed I spilled orange juice all over my shirt. The mark is still there.* ► **spillage** (n)

8.31 dominant /'dəmənənt/ (adj)
stronger or more important than other things ♦ *My right hand is dominant. I can't do anything with my left.* ► **dominate** (v), **dominance** (n), **domineering** (adj)

8.32 worthwhile /'wɜːθ'wail/ (adj)
valuable, worth spending time on ♦ *Helen helps out at an old people's home. I think it's a really worthwhile thing to do.*

8.33 venture /'ventʃə(r)/ (n)
project ♦ *Mr Parks wants people to invest in a business venture but I don't think it will be very successful.* ► **venture** (v)

8.34 eel /i:l/ (n)
long, thin, snake-like animal that lives in the sea

8.35 oyster /'ɔɪstə(r)/ (n)
shellfish found in a rough shell, sometimes eaten alive ♦

8.36 edible /'edəbl/ (adj)
fit or suitable to eat ♦ *This meal isn't edible! It's not properly cooked and it tastes horrible.* ► **inedible** (adj)

8.37 seaweed /'si:wi:d/ (n)
plant that grows in or near the sea

8.38 enhance /ɪn'hæ:ns/ (v)
make better ♦ *The lovely music and candlelight enhanced the atmosphere in the room.*

Vocabulary

8.39 bitter /'bitə(r)/ (adj)
sharp unpleasant taste like a lemon ♦ *Something in the meal was very bitter and I couldn't eat it.* ► **bitterness** (n)

8.40 chewy /'tʃu:i/ (adj)
needing to be chewed a lot before it can be swallowed ♦ *The meat wasn't very good quality and it was very chewy. It took a long time to eat!* ► **chew** (v)

8.41 crunchy /'krʌntʃi/ (adj)
firm and crisp and making a sharp sound when you bite it ♦ *I think there was some sand in the seafood – it was very crunchy!* ► **crunch** (v)

8.42 fatty /'fæti/ (adj)
having a lot of fat on or in it ♦ *The pork was quite fatty and I felt a little sick afterwards.* ► **fat** (n, adj)

8.43 greasy /'gri:si/ (adj)
having a lot of oil on or in it ♦ *The fried eggs were very greasy and slid across the plate when I pushed them with my fork.* ► **grease** (n unc, v), **greased** (adj)

8.44 mild /maɪld/ (adj)
not strong, spicy or bitter (of a flavour) ♦ *My dad doesn't like mild curries. He much prefers really hot ones.*

8.45 plain /pleɪn/ (adj)
basic, without any strong flavours or tastes ♦ *We used to eat a lot of plain food when I was young but now I like food that's a bit more interesting!*

8.46 rich /rɪtʃ/ (adj)
Here: food that is heavy and that you can only eat a little of ♦ *My mum always cooks a really rich fruit cake for our birthdays. You can only eat small slices of it.*
Usually: having a lot of money

8.47 spicy /'spæisi/ (adj)
having a strong taste because spices have been used to flavour it ♦ *I can't eat very spicy food because it upsets my stomach.*
► **spice** (n), **spiced** (adj)

8.48 stodgy /'stɒdʒi/ (adj)
heavy and filling food that is not pleasant ♦ *At school we used to have very stodgy puddings that tasted horrible.*

8.49 tasteless /'teɪstləs/ (adj)
having no flavour ♦ *The rice was tasteless because I forgot to add any salt!* ► **taste** (n, v), **tasty** (adj)

8.50 tender /'tendə(r)/ (adj)
Here: good quality meat that is easy to cut and eat ♦ *The steak was so tender you hardly needed a knife to cut it.* ► **tenderise** (v)
Usually: gentle and kind

8.51 olive /'ɒliv/ (n)
small green or black fruit with a strong taste, also used to make oil

8.52 barbecued /'ba:bækju:d/ (adj)
cooked over an open flame usually outside ► **barbecue** (n, v)

8.53 baked /beɪkt/ (adj)
cooked in the oven without fat ♦ *Baked potatoes are much healthier than roast ones.* ► **bake** (v), **bakery** (n)

8.54 stewed /stju:d/ (adj)
cooked slowly at a low heat in liquid ► **stew** (n, v)

Grammar

8.55 starving /'sta:vɪŋ/ (adj)

Here: very hungry ♦ *We were all starving after the long walk.*
! informal Usually: dying from hunger ► starve (v), starvation (n)

8.56 disagree (with)

/,dɪsə'gri: (wɪð)/ (v)
Here: cause an upset stomach ♦ *I ate something yesterday that disagreed with me and I've been ill ever since.* Usually: have a different opinion from

8.57 give sb the sack

/,gɪv ... ðə 'sæk/ (idm)
tell sb you don't want them to work for you any more ♦ *The new boss gave his secretary the sack after two days because he said she was inefficient.*

8.58 garlic /'ga:lik/ (n)

small white vegetable used to give a strong flavour, often causing an unpleasant smell if you have eaten it ♦ *I love the smell of garlic when it's cooking but not on somebody's breath!*

8.59 lumpy /'lʌmpi/ (adj)

not smooth, with solid bits in it ♦ *The cheese sauce was very lumpy and badly made.* ► lump (n)

8.60 spread /spred/ (n)

table full of food, large meal prepared for a special occasion ♦ *There was a wonderful spread at my sister's wedding. They used a famous chef from a nearby hotel.* ! informal ► spread (v)

Listening

8.61 treat /tri:t/ (v)

do sth special for sb ♦ *Laura's parents treated her to a weekend trip to London for her birthday.*
► treat (n), treatment (n)

8.62 posh /pɒʃ/ (adj)

elegant and expensive ♦ *Only posh people and celebrities go to that nightclub!* ! informal

8.63 on the spur of the moment

/,ɒn ðə 'spʊr əv ðə 'məʊmənt/ (idm)
without planning ♦ *We decided to go to the cinema on the spur of the moment. I'm afraid we didn't have time to ring you.*

8.64 squeeze in /'skwi:z 'ɪn/ (v)

make room for ♦ *The train carriage was completely full but we managed to squeeze in.*

8.65 flood /flʌd/ (v)

be covered with water ♦ *In the last storm our whole garden flooded. You couldn't see the grass at all!*
► flood (n)

Speaking

8.66 dear /dɪə(r)/ (adj)

expensive ♦ *The clothes in the new shop are very dear but also fashionable and good quality.*

8.67 cramped /kræmpt/ (adj)

not having much space ♦ *I'd like a bigger bedroom. Mine is very cramped, particularly with all my furniture and shelves.* ► cramp (n, v)

8.68 lively /'laɪvli/ (adj)

full of life and energy, full of interest and excitement ♦ *The café is really lively after school when it's full of students.* ► life (n)

8.69 trendy /'trendi/ (adj)

fashionable ♦ *The new bar is a very trendy place to go. You can often see celebrities in there.*

► trend (n)

Use of English

8.70 fanatic /fə'nætɪk/ (n)

person who is extremely enthusiastic about sth ♦ *Jim is a football fanatic. He knows the name of every player in every team in the country!* ► fanatical (adj), fan (n)

8.71 dose /dəʊs/ (n)

amount of medicine you should take at one time ♦ *The dose is one tablet every four hours.* ► dose (v), dosage (n), dosed (adj)

8.72 (under) certain

circumstances /,(ʌndə) ,sɜ:tn 'sɜ:kəmsta:nsɪz/ (phr)
at limited times ♦ *You can be excused sports at school under certain circumstances. Like when you've got a very bad cold.*

8.73 feast (on) /'fi:st (ɒn)/ (v)

eat a large amount of food
► feast (n)

8.74 venison /'venɪsn/ (n)

meat from a deer

8.75 truffle /'trʌfl/ (n)

expensive type of fungus that grows underground, used in cooking

8.76 well-being

/'wel 'bi:ɪŋ/ (n unc)
health and happiness ♦ *The government's responsibility is to look after the well-being of its people.*

8.77 guilt /gilt/ (n unc)

feeling or knowledge that you have done sth wrong ♦ *The murderer admitted his guilt to the police and he was sent to prison.*
► guilty (adj)

Writing

8.78 oppose /ə'pəʊz/ (v)

disagree with an idea or plan

♦ *The company wanted to build another nightclub in the area but the local people opposed the plans.*
► opposition (n), opposing (adj)

8.79 snack /snaek/ (n)
small amount to eat between meals ► snack (v)

8.80 outweigh /'aut'wei/ (v)
be greater or more important than ♦ *The reasons for the plan outweigh those against it so I think it will go ahead.*

8.81 recreation /rekri'eifn/ (n)
play, not work ♦ *The children's recreation time is 11.00 to 11.30. Then lessons begin again.* ► recreate (v)

8.82 pool /pu:fl/ (n)
game played on a table with coloured balls

Review

8.83 grape /greip/ (n)
small green or black fruit that grows in bunches on a climbing plant

8.84 pudding /'pu:dɪŋ/ (n)
sweet dish eaten at the end of a meal ♦ *When I was younger if I didn't eat my dinner my mum wouldn't let me have pudding.*

Workbook Reading

8.85 lack of demand
/læk əv dɪ'ma:nd/ (n)
not enough need, or requests for
♦ *They stopped selling videos because of lack of demand.*
► demand (v), demanding (adj)

8.86 resent /ri'zent/ (v)
feel angry about sth because you think it's unfair ♦ *The teacher talked to the students as if they were children and they resented it. They refused to go to his classes.*
► resentment (n)

8.87 self-righteous
/self 'raɪtʃəs/ (adj)
feeling or behaving as if you are always right ♦ *A lot of politicians are very self-righteous and think they know better than anyone else.*

8.88 no trace of
/'nəʊ ,treɪs əv/ (idm)
no sign of ♦ *How can they call this a chicken curry? There's no trace of chicken in it!* ► trace (n, v)

8.89 trumpet /'træmpit/ (v)
tell everyone sth very loudly
♦ *The England football team finally beat the French and the fact was trumpeted all over the newspapers.*
► trumpet (n)

8.90 launch /lɔ:ntʃ/ (n)
event when a new product is shown to the public for the first time ♦ *The launch of the new Ford X7 will take place at the Motor Fair in Spring.* ► launch (v)

8.91 phenomenon
/fə'nəminən/ (n)
fact or event that is not completely understood ♦ *A shooting star is a natural phenomenon that not everyone has seen.* ► phenomenal (adj)

8.92 complacent
/kəm'pleɪsnt/ (adj)
satisfied with yourself and not wanting to change or make any particular effort ♦ *She thinks she's already won this competition but I wouldn't be so complacent if I were her!* ► complacency (n)

8.93 backlash /'bæklaʃ/ (n)
reaction against sth ♦ *There's been a backlash against the government since they increased the taxation for single mothers.*

8.94 summon the nerve
/sʌmən ðə 'nɜ:v/ (phr)
make an effort to be brave ♦ *I summoned the nerve to ask Jane out last weekend but she refused!*

8.95 rash of /'ræʃ əv/ (idm)
sudden number of ♦ *There has been a rash of complaints about the coffee in the new cafeteria.*
► rash (n)

8.96 indulgent /ɪn'dʌldʒənt/ (adj)
tending to allow sb to have or do whatever they want ♦ *His mum's very indulgent and cooks him anything he wants.* ► indulge (v)

8.97 alarming /ə'lə:min/ (adj)
worrying ♦ *The number of overweight people in the US is alarming. The government must try to do something about it.* ► alarm (n, v), alarmed (adj)

8.98 phase out
/feɪz 'aʊt/ (phr v)
stop slowly, in stages ♦ *They're going to phase out unhealthy school meals over a period of six months.*

8.99 disarmingly
/dis'a:minli/ (adv)
in a charming way that prevents you feeling angry with sb ♦ *He admitted his failure disarmingly and no one could blame him.*
► disarming (adj)

8.100 concede /kən'si:d/ (v)
accept sth is true ♦ *Ken conceded that he might have been wrong about where the party was going to be held.* ► concession (n)

8.101 overestimate
/əʊvər'estimeɪt/ (v)
guess a price or a number much higher than it is ♦ *The teachers overestimated the number of people who wanted to study Chinese. Only three students came to the class!*

8.102 consistent with
/kən'sistənt (, wið)/ (phr)
Here: in agreement with ♦ *The results of the experiment are consistent with Tom's theory. It's exactly what he told us to expect.*
► consistency (n)

8.103 conduct /kən'dʌkt/ (v)
organise or do a particular activity
♦ *The experiment was conducted under very strict safety conditions.*
► conduct (n)

8.104 lobby /'lobi/ (n)
large entrance hall of a building

8.105 alternate /ə:l'tɜ:nət/ (adj)
every second thing, not every thing
◆ *We go swimming on alternate weekends. The other weekends we play tennis.* ► alternate (v), alternative (adj)

8.106 creeping /'kri:pɪŋ/ (adj)
happening slowly, not obviously
◆ *I felt a creeping sense of danger as I entered the ruined house.*
► creep (v)

8.107 expansion /ɪk'spænʃn/ (n)
increase in size ◆ *The local people are worried about the expansion of the factory. It covers a very large area now.* ► expand (v)

8.108 cynical /'sɪnɪkl/ (adj)
believing that people are not telling the truth ◆ *I'm quite cynical about his reasons for leaving the company so suddenly.*
► cynicism (n unc)

Vocabulary

8.109 consecutive
/kən'sekjətɪv/ (adj)
following one after another in a series ◆ *He was late for class on three consecutive days last week.*

Grammar

8.110 draught /draʊft/ (n)
a flow of cold air in a room ◆ *Can you shut the window please? I'm sitting in a draught.* ► draughty (adj)

8.111 predictable
/pri'dɪktəbl/ (adj)
happening as expected ◆ *The weather is very predictable in January. It's always cold and wet!*
► predict (v), prediction (n)

8.112 call off /'kɔ:l 'ɒf/ (phr v)
cancel ◆ *They had to call off the competition because all the contestants were ill.*

Listening

8.113 stick by /'stɪk ,baɪ/ (phr v)
be loyal, support sb, especially in a difficult situation ◆ *Adrian will always stick by you whatever you do.*

8.114 principle /'prɪnsəpl/ (n)
moral rule or strong belief ◆ *It would be against his principles to send his son to an expensive school!*

8.115 hand in your notice
/hænd ,ɪn ʃo: 'nəʊtɪs/ (idm)
resign from a job ◆ *I handed in my notice yesterday. The boss was really surprised that I wanted to leave.*

8.116 factory farming
/fæktəri ,fa:minɪŋ/ (n)
farming of animals which involves keeping them inside in very small spaces ◆ *Eggs are often produced by factory farming and I think it's far too cruel for the chickens.*

8.117 loose /lu:s/ (adj)
not fitting close to your body
◆ *I always wear loose clothes in the summer – it's much more comfortable.* ► loosen (v)

8.118 rent /rent/ (v)
pay money to sb to live in a house or flat ◆ *My sister and her husband rented a flat for six months, then they bought their own.* ► rent (n), rented (adj)

8.119 commute /kə'mju:t/ (v)
travel to and from work each day
◆ *Some people commute from here to London every day! It must take them hours!* ► commuter (n)

Use of English

8.120 essence /'esəns/ (n)
most important quality or feature of sth ◆ *The essence of good health is regular exercise.* ► essential (adj)

8.121 jam /dʒæm/ (n)
sweet spread for bread made from fruit

8.122 faddy /'fædi/ (adj)
choosy, only liking a few things
◆ *I was a very faddy eater when I was younger.* ► fad (n)

8.123 anaemic /ə'ni:mɪk/ (adj)
pale, suffering from a lack of iron in the blood ◆ *She became anaemic after three months on a very strict diet.* ► anaemia (n)