

# A matter of taste

8

## Words and phrases

### Lead in

#### 8.01 dough /dəʊ/ (n)

thick mixture of flour and water from which bread is made ♦ *You make the dough into small balls and bake them in the oven.*

#### 8.02 herb /hɜːb/ (n)

plant whose leaves, flowers or seeds are used to flavour food ♦ *This herb is useful for cooking and it also smells lovely.* ► herbal (adj)

#### 8.03 sprinkle /ˈsprɪŋkl/ (v)

shake small pieces of sth or drops of a liquid on sth ♦ *Sprinkle the cheese over the pasta and put it in the microwave for two minutes.*

► sprinkler (n)

#### 8.04 vinegar /ˈvɪnɪɡə(r)/ (n)

liquid with a bitter taste used to add flavour to food or to preserve it ♦ *British people often eat chips with salt and vinegar.*

#### 8.05 slice /slaɪs/ (v)

cut thin pieces of sth like roast meat or cake ♦ *Will you slice the cake before you put it out on the plate.* ► slice (n), sliced (adj)

#### 8.06 mould /məʊld/ (v)

make sth soft into a particular shape ♦ *In art class we moulded the clay into the shapes of animals.* ► mould (n)

#### 8.07 paprika /pəˈpriːkə/ (n)

red powder made from a type of pepper used as a spice in cooking

#### 8.08 casserole /ˈkæsərəl/ (n)

covered dish for cooking meat slowly in liquid in the oven  
► casserole (v)

#### 8.09 version /ˈvɜːʃn/ (n)

different form of sth ♦ *Have you got the newest version of Windows on your computer?*

#### 8.10 chilli /ˈtʃɪli/ (n)

very hot pepper used in curries

#### 8.11 ginger /ˈdʒɪŋɡə(r)/ (n)

root of a plant with a strong hot taste used in cooking

#### 8.12 cumin /ˈkʌmɪn/ (n)

seeds of an aromatic plant used in curries

#### 8.13 coriander /ˌkɒrɪˈændə(r)/ (n)

plant whose seeds are used as a spice and leaves as a herb in cooking

#### 8.14 turmeric /ˈtɜːməɪk/ (n)

yellow spice used in Indian cooking

#### 8.15 yoghurt /ˈjɒɡət/ (n)

slightly sour tasting food made from milk, often flavoured with fruit

#### 8.16 pan /pæn/ (n)

metal container used for cooking food in

#### 8.17 savoury /ˈseɪvəri/ (adj)

salty, not sweet ♦ *I much prefer savoury dishes. I don't like sugary things a lot.* ► savour (v)

#### 8.18 ingredient /ɪnˈɡriːdiənt/ (n)

sth you need to cook a certain meal ♦ *Can you get me some potatoes at the shop? I've got all the other ingredients I need for dinner.*

#### 8.19 texture /ˈtekstʃə(r)/ (n)

how sth feels when you touch it  
♦ *The texture of the soup was really smooth – it was wonderful.*

## Reading

#### 8.20 porridge /ˈpɒrɪdʒ/ (n)

hot breakfast cereal made with oats and milk or water

#### 8.21 exclude /ɪkˈskluːd/ (v)

keep sth out ♦ *The competition excludes people over 18 so my sister, who is 22, can't take part.*  
► excluding (prep), exclusion (n)

#### 8.22 sensory /ˈsensəri/ (adj)

connected with the senses ► sense (n, v), sensation (n),

#### 8.23 input /ˈɪnpʊt/ (n)

time, information, ideas, etc. that you put into work, a project, etc.  
♦ *His input at the meeting was really useful and encouraged a lot of discussion.* ► input (v)

#### 8.24 diner /ˈdaɪnə(r)/ (n)

person eating at a restaurant or café

#### 8.25 lose out (on)

/ˌluːz ˈaʊt (ɒn)/ (phr v)  
not get sth you wanted or thought you should have ♦ *We've lost out on the chance of winning the league this year after yesterday's defeat.*

- 8.26 intimacy** /'ɪntɪməsi/ (n)  
state of having a close personal relationship with sb, feeling of closeness ♦ *I liked the intimacy of the restaurant. It was small and everyone sat near each other.*  
► intimate (adj)
- 8.27 preconception** /,pri:kən'sepʃn/ (n)  
opinion formed before you experience sth ♦ *People had a lot of preconceptions about the new head teacher but he's shown himself to be excellent.* ► preconceive (v)
- 8.28 abruptly** /ə'brʌptli/ (adv)  
sharp, quickly without preparation ♦ *The bus stopped abruptly when the dog ran across the road.*  
► abrupt (adj)
- 8.29 cutlery** /'kʌtləri/ (n unc)  
things we use to eat and serve food with: knives, forks and spoons ♦ *The cutlery wasn't very clean and my mum complained.*
- 8.30 spill** /spɪl/ (v)  
accidentally drop liquid over sth ♦ *When I laughed I spilled orange juice all over my shirt. The mark is still there.* ► spillage (n)
- 8.31 dominant** /'dɒmɪnənt/ (adj)  
stronger or more important than other things ♦ *My right hand is dominant. I can't do anything with my left.* ► dominate (v), dominance (n), domineering (adj)
- 8.32 worthwhile** /,wɜ:θ'waɪl/ (adj)  
valuable, worth spending time on ♦ *Helen helps out at an old people's home. I think it's a really worthwhile thing to do.*
- 8.33 venture** /'ventʃə(r)/ (n)  
project ♦ *Mr Parks wants people to invest in a business venture but I don't think it will be very successful.* ► venture (v)
- 8.34 eel** /i:l/ (n)  
long, thin, snake-like animal that lives in the sea

- 8.35 oyster** /'ɔɪstə(r)/ (n)  
shellfish found in a rough shell, sometimes eaten alive ♦
- 8.36 edible** /'edəbl/ (adj)  
fit or suitable to eat ♦ *This meal isn't edible! It's not properly cooked and it tastes horrible.* ► inedible (adj)
- 8.37 seaweed** /'si:wi:d/ (n)  
plant that grows in or near the sea
- 8.38 enhance** /ɪn'hɑ:ns/ (v)  
make better ♦ *The lovely music and candlelight enhanced the atmosphere in the room.*

## Vocabulary

- 8.39 bitter** /'bɪtə(r)/ (adj)  
sharp unpleasant taste like a lemon ♦ *Something in the meal was very bitter and I couldn't eat it.* ► bitterness (n)
- 8.40 chewy** /'tʃu:i/ (adj)  
needing to be chewed a lot before it can be swallowed ♦ *The meat wasn't very good quality and it was very chewy. It took a long time to eat!* ► chew (v)
- 8.41 crunchy** /'krʌntʃi/ (adj)  
firm and crisp and making a sharp sound when you bite it ♦ *I think there was some sand in the seafood – it was very crunchy!* ► crunch (v)
- 8.42 fatty** /'fæti/ (adj)  
having a lot of fat on or in it ♦ *The pork was quite fatty and I felt a little sick afterwards.* ► fat (n, adj)
- 8.43 greasy** /'gri:si/ (adj)  
having a lot of oil on or in it ♦ *The fried eggs were very greasy and slid across the plate when I pushed them with my fork.* ► grease (n unc, v), greased (adj)
- 8.44 mild** /maɪld/ (adj)  
not strong, spicy or bitter (of a flavour) ♦ *My dad doesn't like mild curries. He much prefers really hot ones.*
- 8.45 plain** /pleɪn/ (adj)  
basic, without any strong flavours or tastes ♦ *We used to eat a lot of plain food when I was young but now I like food that's a bit more interesting!*
- 8.46 rich** /rɪtʃ/ (adj)  
Here: food that is heavy and that you can only eat a little of ♦ *My mum always cooks a really rich fruit cake for our birthdays. You can only eat small slices of it.*  
Usually: having a lot of money
- 8.47 spicy** /'spai:si/ (adj)  
having a strong taste because spices have been used to flavour it ♦ *I can't eat very spicy food because it upsets my stomach.*  
► spice (n), spiced (adj)
- 8.48 stodgy** /'stɒdʒi/ (adj)  
heavy and filling food that is not pleasant ♦ *At school we used to have very stodgy puddings that tasted horrible.*
- 8.49 tasteless** /'teɪstləs/ (adj)  
having no flavour ♦ *The rice was tasteless because I forgot to add any salt!* ► taste (n, v), tasty (adj)
- 8.50 tender** /'tendə(r)/ (adj)  
Here: good quality meat that is easy to cut and eat ♦ *The steak was so tender you hardly needed a knife to cut it.* ► tenderise (v)  
Usually: gentle and kind
- 8.51 olive** /'ɒlɪv/ (n)  
small green or black fruit with a strong taste, also used to make oil
- 8.52 barbecued** /'bɑ:bəkjʊ:d/ (adj)  
cooked over an open flame usually outside ► barbecue (n, v)
- 8.53 baked** /beɪkt/ (adj)  
cooked in the oven without fat ♦ *Baked potatoes are much healthier than roast ones.* ► bake (v), bakery (n)
- 8.54 stewed** /stju:d/ (adj)  
cooked slowly at a low heat in liquid ► stew (n, v)

## Grammar

### 8.55 starving /'stɑ:vɪŋ/ (adj)

Here: very hungry ♦ *We were all starving after the long walk.*  
! informal Usually: dying from hunger ► starve (v), starvation (n)

### 8.56 disagree (with)

/,dɪsə'gri: (wɪð)/ (v)  
Here: cause an upset stomach  
♦ *I ate something yesterday that disagreed with me and I've been ill ever since.* Usually: have a different opinion from

### 8.57 give sb the sack

/,gɪv ... ðə 'sæk/ (idm)  
tell sb you don't want them to work for you any more ♦ *The new boss gave his secretary the sack after two days because he said she was inefficient.*

### 8.58 garlic /'gɑ:lɪk/ (n)

small white vegetable used to give a strong flavour, often causing an unpleasant smell if you have eaten it ♦ *I love the smell of garlic when it's cooking but not on somebody's breath!*

### 8.59 lumpy /'lʌmpi/ (adj)

not smooth, with solid bits in it  
♦ *The cheese sauce was very lumpy and badly made.* ► lump (n)

### 8.60 spread /spreɪd/ (n)

table full of food, large meal prepared for a special occasion  
♦ *There was a wonderful spread at my sister's wedding. They used a famous chef from a nearby hotel.* ! informal ► spread (v)

## Listening

### 8.61 treat /tri:t/ (v)

do sth special for sb ♦ *Laura's parents treated her to a weekend trip to London for her birthday.*  
► treat (n), treatment (n)

### 8.62 posh /pɒʃ/ (adj)

elegant and expensive ♦ *Only posh people and celebrities go to that nightclub!* ! informal

### 8.63 on the spur of the moment

/,ɒn ðə ,spɜ:r əv ðə 'mɔ:mənt/ (idm)  
without planning ♦ *We decided to go to the cinema on the spur of the moment. I'm afraid we didn't have time to ring you.*

### 8.64 squeeze in /,skwi:z 'ɪm/ (v)

make room for ♦ *The train carriage was completely full but we managed to squeeze in.*

### 8.65 flood /flʌd/ (v)

be covered with water ♦ *In the last storm our whole garden flooded. You couldn't see the grass at all!*  
► flood (n)

## Speaking

### 8.66 dear /dɪə(r)/ (adj)

expensive ♦ *The clothes in the new shop are very dear but also fashionable and good quality.*

### 8.67 cramped /kræmpt/ (adj)

not having much space ♦ *I'd like a bigger bedroom. Mine is very cramped, particularly with all my furniture and shelves.* ► cramp (n, v)

### 8.68 lively /'laɪvli/ (adj)

full of life and energy, full of interest and excitement ♦ *The café is really lively after school when it's full of students.* ► life (n)

### 8.69 trendy /'trendi/ (adj)

fashionable ♦ *The new bar is a very trendy place to go. You can often see celebrities in there.*  
► trend (n)

## Use of English

### 8.70 fanatic /fə'nætɪk/ (n)

person who is extremely enthusiastic about sth ♦ *Jim is a football fanatic. He knows the name of every player in every team in the country!* ► fanatical (adj), fan (n)

### 8.71 dose /dəʊs/ (n)

amount of medicine you should take at one time ♦ *The dose is one tablet every four hours.* ► dose (v), dosage (n), dosed (adj)

### 8.72 (under) certain

**circumstances** /,(ʌndə) ,sɜ:tn 'sɜ:kəmstɑ:nsɪz/ (phr)  
at limited times ♦ *You can be excused sports at school under certain circumstances. Like when you've got a very bad cold.*

### 8.73 feast (on) /'fi:t (ɒn)/ (v)

eat a large amount of food  
► feast (n)

### 8.74 venison /'venɪsn/ (n)

meat from a deer

### 8.75 truffle /'trʌfl/ (n)

expensive type of fungus that grows underground, used in cooking

### 8.76 well-being

/,wel 'bi:ɪŋ/ (n unc)  
health and happiness ♦ *The government's responsibility is to look after the well-being of its people.*

### 8.77 guilt /gɪlt/ (n unc)

feeling or knowledge that you have done sth wrong ♦ *The murderer admitted his guilt to the police and he was sent to prison.*  
► guilty (adj)

## Writing

### 8.78 oppose /ə'pəʊz/ (v)

disagree with an idea or plan  
♦ *The company wanted to build another nightclub in the area but the local people opposed the plans.*  
► opposition (n), opposing (adj)

**8.79 snack** /snæk/ (n)

small amount to eat between meals ► snack (v)

**8.80 outweigh** /ˌaʊtˈweɪ/ (v)

be greater or more important than ♦ *The reasons for the plan outweigh those against it so I think it will go ahead.*

**8.81 recreation** /ˌrekriˈeɪʃn/ (n)

play, not work ♦ *The children's recreation time is 11.00 to 11.30. Then lessons begin again.* ► recreate (v)

**8.82 pool** /puːl/ (n)

game played on a table with coloured balls

## Review

**8.83 grape** /greɪp/ (n)

small green or black fruit that grows in bunches on a climbing plant

**8.84 pudding** /ˈpuːdɪŋ/ (n)

sweet dish eaten at the end of a meal ♦ *When I was younger if I didn't eat my dinner my mum wouldn't let me have pudding.*

## Workbook Reading

**8.85 lack of demand**

/ˌlæk əv dɪ'mɑːnd/ (n)  
not enough need, or requests for  
♦ *They stopped selling videos because of lack of demand.*  
► demand (v), demanding (adj)

**8.86 resent** /rɪˈzent/ (v)

feel angry about sth because you think it's unfair ♦ *The teacher talked to the students as if they were children and they resented it. They refused to go to his classes.*  
► resentment (n)

**8.87 self-righteous**

/ˌself ˈraɪtʃəs/ (adj)  
feeling or behaving as if you are always right ♦ *A lot of politicians are very self-righteous and think they know better than anyone else.*

**8.88 no trace of**

/ˈnəʊ ˈtreɪs əv/ (idm)  
no sign of ♦ *How can they call this a chicken curry? There's no trace of chicken in it!* ► trace (n, v)

**8.89 trumpet** /ˈtrʌmpɪt/ (v)

tell everyone sth very loudly  
♦ *The England football team finally beat the French and the fact was trumpeted all over the newspapers.*  
► trumpet (n)

**8.90 launch** /lɔːntʃ/ (n)

event when a new product is shown to the public for the first time ♦ *The launch of the new Ford X7 will take place at the Motor Fair in Spring.* ► launch (v)

**8.91 phenomenon**

/fəˈnɒmɪnən/ (n)  
fact or event that is not completely understood ♦ *A shooting star is a natural phenomenon that not everyone has seen.* ► phenomenal (adj)

**8.92 complacent**

/kəmˈpleɪsnt/ (adj)  
satisfied with yourself and not wanting to change or make any particular effort ♦ *She thinks she's already won this competition but I wouldn't be so complacent if I were her!* ► complacency (n)

**8.93 backlash** /ˈbækklæʃ/ (n)

reaction against sth ♦ *There's been a backlash against the government since they increased the taxation for single mothers.*

**8.94 summon the nerve**

/ˌsʌmən ðə ˈnɜːv/ (phr)  
make an effort to be brave ♦ *I summoned the nerve to ask Jane out last weekend but she refused!*

**8.95 rash of** /ˈræʃ əv/ (idm)

sudden number of ♦ *There has been a rash of complaints about the coffee in the new cafeteria.*  
► rash (n)

**8.96 indulgent** /ɪnˈdʌldʒənt/ (adj)

tending to allow sb to have or do whatever they want ♦ *His mum's very indulgent and cooks him anything he wants.* ► indulge (v)

**8.97 alarming** /əˈlɑːmɪŋ/ (adj)

worrying ♦ *The number of overweight people in the US is alarming. The government must try to do something about it.* ► alarm (n, v), alarmed (adj)

**8.98 phase out**

/ˌfeɪz ˈaʊt/ (phr v)  
stop slowly, in stages ♦ *They're going to phase out unhealthy school meals over a period of six months.*

**8.99 disarmingly**

/dɪsˈɑːmɪŋli/ (adv)  
in a charming way that prevents you feeling angry with sb ♦ *He admitted his failure disarmingly and no one could blame him.*  
► disarming (adj)

**8.100 concede** /kənˈsiːd/ (v)

accept sth is true ♦ *Ken conceded that he might have been wrong about where the party was going to be held.* ► concession (n)

**8.101 overestimate**

/ˌəʊvərˈestɪmeɪt/ (v)  
guess a price or a number much higher than it is ♦ *The teachers overestimated the number of people who wanted to study Chinese. Only three students came to the class!*

**8.102 consistent with**

/kənˈsɪstənt (ˌwɪð)/ (phr)  
Here: in agreement with ♦ *The results of the experiment are consistent with Tom's theory. It's exactly what he told us to expect.*  
► consistency (n)

**8.103 conduct** /kənˈdʌkt/ (v)

organise or do a particular activity  
♦ *The experiment was conducted under very strict safety conditions.*  
► conduct (n)

**8.104 lobby** /ˈlɒbi/ (n)

large entrance hall of a building



**8.105 alternate** /ɔ:l'tɜ:nət/ (adj)  
every second thing, not every thing  
♦ *We go swimming on alternate weekends. The other weekends we play tennis.* ► alternate (v), alternative (adj)

**8.106 creeping** /'kri:pɪŋ/ (adj)  
happening slowly, not obviously  
♦ *I felt a creeping sense of danger as I entered the ruined house.*  
► creep (v)

**8.107 expansion** /ɪk'spænjən/ (n)  
increase in size ♦ *The local people are worried about the expansion of the factory. It covers a very large area now.* ► expand (v)

**8.108 cynical** /'sɪnɪkl/ (adj)  
believing that people are not telling the truth ♦ *I'm quite cynical about his reasons for leaving the company so suddenly.*  
► cynicism (n unc)

## Vocabulary

**8.109 consecutive**  
/kən'sekjətɪv/ (adj)  
following one after another in a series ♦ *He was late for class on three consecutive days last week.*

## Grammar

**8.110 draught** /dra:ft/ (n)  
a flow of cold air in a room ♦ *Can you shut the window please? I'm sitting in a draught.* ► draughty (adj)

**8.111 predictable**  
/prɪ'dɪktəbl/ (adj)  
happening as expected ♦ *The weather is very predictable in January. It's always cold and wet!*  
► predict (v), prediction (n)

**8.112 call off** /,kɔ:l 'ɒf/ (phr v)  
cancel ♦ *They had to call off the competition because all the contestants were ill.*

## Listening

**8.113 stick by** /'stɪk ,baɪ/ (phr v)  
be loyal, support sb, especially in a difficult situation ♦ *Adrian will always stick by you whatever you do.*

**8.114 principle** /'prɪnsəpl/ (n)  
moral rule or strong belief ♦ *It would be against his principles to send his son to an expensive school!*

**8.115 hand in your notice**  
/,hænd ,ɪn jɔ: 'nəʊtɪs/ (idm)  
resign from a job ♦ *I handed in my notice yesterday. The boss was really surprised that I wanted to leave.*

**8.116 factory farming**  
/'fæktəri ,fɑ:mɪŋ/ (n)  
farming of animals which involves keeping them inside in very small spaces ♦ *Eggs are often produced by factory farming and I think it's far too cruel for the chickens.*

**8.117 loose** /lu:s/ (adj)  
not fitting close to your body  
♦ *I always wear loose clothes in the summer – it's much more comfortable.* ► loosen (v)

**8.118 rent** /rent/ (v)  
pay money to sb to live in a house or flat ♦ *My sister and her husband rented a flat for six months, then they bought their own.* ► rent (n), rented (adj)

**8.119 commute** /kə'mju:t/ (v)  
travel to and from work each day  
♦ *Some people commute from here to London every day! It must take them hours!* ► commuter (n)

## Use of English

**8.120 essence** /'esəns/ (n)  
most important quality or feature of sth ♦ *The essence of good health is regular exercise.* ► essential (adj)

**8.121 jam** /dʒæm/ (n)  
sweet spread for bread made from fruit

**8.122 faddy** /'fædi/ (adj)  
choosy, only liking a few things  
♦ *I was a very faddy eater when I was younger.* ► fad (n)

**8.123 anaemic** /ə'ni:mɪk/ (adj)  
pale, suffering from a lack of iron in the blood ♦ *She became anaemic after three months on a very strict diet.* ► anaemia (n)